

March 2020

Sandhill Elementary

BREAKFAST



School Information:

National School Breakfast Week-March 2-6, 2020

Menu is subject to change without notice.

We serve a variety of milk daily.

This is an equal opportunity workplace.



Nutrition Tip: March is National Nutrition Month! To celebrate try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

Monday

Breakfast Flatbread Pizza
Cereal
Graham Cookies
Cheese Stick
Fresh Fruit
Juice **2**

Tuesday

Chicken and Biscuit
Cereal **3**
Toast
Hard Boiled Egg
Fresh Fruit
Juice

Wednesday

Turkey Bacon, egg and cheese Croissant
Sweet Potato Tots
Cereal
Graham Cookies
Cheese Stick
Fresh Fruit
Juice **4**

Thursday

Waffles and Sausage **5**
Cereal
Toast
Yogurt
Fresh Fruit
Juice

Friday

Rolled Breakfast Taco **6**
Bagels and Cream Cheese
Cereal
Fresh Fruit
Juice

Breakfast Pizza **9**
Cereal
Graham Cookies
Cheese Stick
Fresh Fruit
Juice

Breakfast Burrito **10**
Cereal
Toast
Hard Boiled Egg
Fresh Fruit
Juice

Chicken Waffle Sandwich **11**
Cereal
Graham Cookies
Cheese Stick
Fresh Fruit
Juice

Cinnamon Twist Bar **12**
Cereal
Toast
Yogurt
Fresh Fruit
Juice

Mini Pancakes **13**
Cereal
Graham Cookies
Peanut Butter Cup
Fresh Fruit
Juice

Breakfast Pizza Sliders **16**
Cereal
Graham Cookies
Cheese Stick
Fresh Fruit
Juice

Mini Waffles **17**
Cereal
Toast
Hard Boiled Egg
Fresh Fruit
Juice

Sausage and Biscuit **18**
Cereal
Graham Cookies
Cheese Stick
Fresh Fruit
Juice

Egg and Cheese Omelet w/ Mini Loaf **19**
Cereal
Toast
Yogurt
Fresh Fruit
Juice

Tornado (Sausage, egg and cheese)
Cereal
Graham Cookies
Peanut Butter Cup
Fresh Fruit
Juice **20**

23

24

25

26

27

Spring Break

Breakfast Pizza **30**
Cereal
Graham Cookies
Cheese Stick
Fresh Fruit
Juice

Apple Farmer's Bar **31**
Cereal
Toast
Hard Boiled Egg
Fresh Fruit
Juice

